



**ANGLICAN PARISH OF BOX HILL**  
Eighteenth Sunday after Pentecost  
4 October, 2020

# Parish Link

## The Vicar writes...

Welcome to our online worship today as we gather to celebrate the feast of St Francis – the patron saint of animals and of the environment. We know St. Francis in large part for The Canticle of the Creatures, which he began during a time of intense illness. (Our intercessions today take this Canticle for their inspiration) Of his desire to write the canticle, he said to his brothers, “I wish to compose a new hymn about the Lord’s creatures, of which we make daily use, without which we cannot live, and with which the human race greatly offends its Creator.” His praises include, famously, “Sir Brother Sun” and “Sister Moon and the stars” as well as “Brother Wind,” “Sister Water,” and “Brother Fire.” He counted mortality among God’s familiar and familial creatures; on his deathbed, Francis added verses that included the line, “Praised be You, my Lord, through our Sister Bodily Death, from whom no one living can escape.” in an earlier Rule that Francis wrote for his community, he pleaded,

Therefore, let us desire nothing else, let us want nothing else, let nothing else please us and cause us delight except our Creator, Redeemer and Saviour, the only true God,

Who is the fullness of good.... Therefore, let nothing hinder us, nothing separate us, nothing come between us. On this day of celebration, and all the days to come, may it be so. Happy Feast!



### Mission Statement

Sharing the Good News  
Telling the story afresh  
Expressing God's love  
Nurturing and sharing faith  
Equipping to serve  
Serving the community

### Vision

To ensure that there continues to be a living, committed, communal Anglican presence of liturgical celebration, nurture and outreach in Box Hill.

### FOR YOUR INFORMATION

**FIRST AID KIT** – Located in the office and kitchen.

**TOILETS** – Located in the Church Hall and in the church building through the church doors front right.

**WHEELCHAIR** – Located in the toilet for the disabled upstairs.

**FIRE & EMERGENCY** – Please make yourself aware of the nearest escape route in the event of an emergency or fire.

**OH&S** – Please ensure that any incidents/accidents are reported to the Vicar or Wardens and incident report completed.



SUNDAY SERVICE (Control and click) *Here*

OR go to <https://www.youtube.com/watch?v=aJ8m-Qi5Ug&feature=youtu.be>

### Sentence

Forgetting what lies behind and straining forward to what lies ahead, let us press on toward the goal for the prize of the heavenly call of God in Christ Jesus.  
Philippians 3.13b–14

### Prayer of the Day

Almighty God, your Son Jesus was the stone rejected by the builders, and, by your doing, he has been made the chief cornerstone: grant that, by the power of his Spirit working in us, we may become living stones built up into your dwelling place, a temple holy and acceptable to you; through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

### Readings

**First Reading:** Exodus 20.1-4, 20.7-9, 20.12-20

<sup>1</sup> Then God spoke all these words: <sup>2</sup> I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; <sup>3</sup> you shall have no other gods before me. <sup>4</sup> You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. <sup>7</sup> You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. <sup>8</sup> Remember the sabbath day, and keep it holy. <sup>9</sup> For six days you shall labour and do all your work. <sup>12</sup> Honour your father and your mother, so that your days may be long in the land that the Lord your God is giving you. <sup>13</sup> You shall not murder. <sup>14</sup> You shall not commit adultery. <sup>15</sup> You shall not steal. <sup>16</sup> You shall not bear false witness against your neighbour. <sup>17</sup> You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour. <sup>18</sup> When all the people witnessed the thunder and lightning, the sound of the trumpet, and the mountain smoking, they were afraid and trembled and stood at a distance, <sup>19</sup> and said to Moses, 'You speak to us, and we will listen; but do not let God speak to us, or we will die.' <sup>20</sup> Moses said to the people, 'Do not be afraid; for God has come only to test you and to put the fear of him upon you so that you do not sin.'

For the word of the Lord, **thanks be to God**

### Psalm: 121

<sup>1</sup> I lift up my eyes to the hills—  
from where will my help come?

**<sup>2</sup> My help comes from the LORD,  
who made heaven and earth.**

<sup>3</sup> He will not let your foot be moved;  
he who keeps you will not slumber.

**<sup>4</sup> He who keeps Israel  
will neither slumber nor sleep.**

<sup>5</sup> The LORD is your keeper;  
the LORD is your shade at your right hand.

**<sup>6</sup> The sun shall not strike you by day,  
nor the moon by night.**

<sup>7</sup> The LORD will keep you from all evil;  
he will keep your life.

**<sup>8</sup> The LORD will keep your going out and your coming in  
from this time on and forevermore.**

## Second Reading:

Galatians 6.14-18

<sup>14</sup> May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. <sup>15</sup> For neither circumcision nor uncircumcision is anything; but a new creation is everything! <sup>16</sup> As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God. <sup>17</sup> From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. <sup>18</sup> May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

For the word of the Lord, **thanks be to God**

The Gospel of our Lord Jesus Christ  
according to Matthew, Chapter 11, verses 25-30

### **Glory to you Lord Jesus Christ**

<sup>25</sup> At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; <sup>26</sup> yes, Father, for such was your gracious will. <sup>27</sup> All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. <sup>28</sup> “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. <sup>29</sup> Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy, and my burden is light.”

For the Gospel of our Lord, praise to you Lord Jesus Christ

## Hymn: O God, Your Creatures Fill the Earth

O God, your creatures fill the earth with wonder and delight,  
And every living thing has worth and beauty in your sight.  
So playful dolphins dance and swim; Your sheep bow down and graze.  
Your songbirds share a morning hymn To offer you their praise.

You made the pets we welcome in — They're wondrous blessings, too.  
With paws and whiskers, wings and fins, They offer praise to you.  
O Lord, you call us to embrace These creatures in our care.  
May we show kindness, love and grace To all pets everywhere.

You made the creatures on each farm; You know the things they need.  
May they grow healthy, safe from harm, And safe from human greed.  
Just as a shepherd loves the sheep, You know their joy, their pain.  
Lord, bless the animals we keep; May all farms be humane.

Your creatures live in every land; They fill the sky and sea.  
O Lord, you give us your command To love them tenderly.  
We're called to have dominion here — To care for them always.  
By loving creatures you hold dear, We offer you our praise.

## Prayers

Today's intercessions follow the Canticle of the Sun by St Francis of Assisi. The response is:

We give you thanks, praise and blessing, good Creator God,  
**and serve you with great humility.**

## Years Mind

Monique Winning, Jessie and Arthur Cale, John Wiltshire, Fr David Orange whose anniversaries occur at this time.

## Prayer Points

*The Church:* Pray for the Anglican Church of Tanzania (Abp Maimbo Mndolwa); Diocese of North West Australia (Bp Gary Nelson, Clergy & People); St James' Old Cathedral Melbourne West (Matthew Williams, Michael Raiter, Jessica Naylor-Tatterson); St Michael & All Angels, Beaumaris – Pastoral Service (Bp Paul Barker).

*The Parish:* Give thanks for our Blessing of the Pets.

*The World:* Give thanks for all the creatures with whom we share the world and for the life of St Francis.

*The Nation:* Pray for all who care for both domestics and wild animals.

*Names of those in our parish who need our prayer:*

Emma, Eric and Bev, Miriam, Phil and Sandra, Joan, Alistair, Freya, John, Lauren, Mark, Sue, Christine, Nola, Lorraine, Neville, June, Gayle, Nigel, Nancy, Kate,



Gwen, Russ, Betty, Jessie, Don, Jim, Alma, Muriel, Faye, Eileen, Nola W, Margaret, Bishop George, Fr. Philip Newman and Dianne.

## Prayer of the Week

Generous God, whose hand is open to fill all things living with plenteousness: make us ever thankful for your goodness, and grant that we, remembering the account that we must one day give, may be faithful stewards of your bounty; through Jesus Christ our Lord. Amen.

## Prayer in time of a pandemic

*Lord Jesus Christ, healer and friend, come and care for all of us through the danger and uncertainty of the coronavirus pandemic. To people who are sick, bring healing. To people who are displaced, isolated, or cut off from family, friends or work, bring comfort and companionship. Work with medical staff as they care for the sick, and protect them from harm. Give skill and fruitful research to scientists as they search for treatments, prevention and a cure. To public health authorities, give wisdom to decide the best ways to manage both this crisis and our anxieties. When communities are fearful, give a calm spirit, and kindness to neighbours and strangers. Through this testing time, and through all the risks we face together, teach us once again how we can love one another as you have loved us. Amen*

## Daily Readings

<b>Monday</b>	Galatians 1.6-12	Ps 111	Luke 10.25-37
<b>Tuesday</b>	Galatians 1.13-24	Ps 139.13-18	Luke 10.38-42
<b>Wednesday</b>	Galatians 2.1-2, 7-14	Ps 117	Luke 11.1-4
<b>Thursday</b>	Galatians 3.1-5	Ps Song of Zechariah	Luke 11.5-13
<b>Friday</b>	Galatians 3.7-14	Ps 111.1.1-6	Luke 11.15-26
<b>Saturday</b>	Galatians 3.27-29	Ps 105.1-7	Luke 11.27-28

## ABM Pew Reflections

In the section before today's reading, Jesus highlights the hypocrisy and cowardice of the religious leaders. This parable is also directed to the Chief Priests and Elders. It succinctly locates Jesus' own future suffering and death in line with the mistreatment of the Jewish prophets through the centuries. The Chief Priests and Elders clearly get it. The parable contrast Jesus' authentic servant leadership with their own, and so they seek to have Jesus arrested. We pray for integrity in leadership in our community of faith, and in the secular community in this time of Covid 19. Seek the fruit of the Spirit for ourselves and each other; seek the fruits of the Kingdom for our parish, diocese and the national church. How we behave as the body actually matters.



*If you have anything you would like included in the Parish Link Notices, please let Cecilia know in writing **before** Thursdays or email the Vicar or [cecilia\\_joyner@hotmail.com](mailto:cecilia_joyner@hotmail.com)*

**THE CHURCH OFFICE IS NOW CLOSED  
But office work continues from home.**

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**LOCKDOWN BLUES?**

Are you experiencing “Lockdown Blues”? If this resonates, you might be interested in an article: ***Acedia: the lost name for the emotion we’re all feeling right now*** by Jonathan Zechner of the Australian Catholic University in “The Conversation”. The article can be found at <https://theconversation.com/acedia-the-lost-name-for-the-emotion-were-all-feeling-right-now-144058>

If you are feeling blue the best answer is to phone and talk to someone. Any of the clergy would be happy to listen. (Phone numbers at the end of the Link.) Say well, God bless. Harry

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**THANK YOU**

Jan Gunst wants to thank all those who called or sent cards and gifts on the occasion of her 80<sup>th</sup> birthday. She hopes to have a “unvirus” celebration of her birthday “later on”.

**BREAD DELIVERY AND FOOD DONATION**

Groceries are being collected and passed on to St Thomas’ Burwood who have a food bank for in-need international students.

**Drop off time:** 10.00-11.00am Sat morning, Undercroft

Many thanks to Fr Alasdair for carrying out this work.

The following items have been requested:

**Long Life Milk, Tea & Coffee, Cereal, Breakfast Spreads:** Jams, Honey, Vegemite, **Pasta & Pasta Sauce, Rice, Lentils, Chick peas, Tinned Meals** (ring top preferred), **Tinned Vegetables/Fruit** (ring top preferred), **Toiletries, Toilet Paper, Tinned Tuna** (ring top preferred), **Washing Powder, 2 Minute Noodles, Tinned Soups** (ring top preferred).

**ANGLICAN CHURCH CALENDARS FOR 2021**

Orders are now being taken for the 2021 Anglican Church Calendars – they remain at \$12 each and orders can be given to Michele Mitchell either by phone 9890 4387 / 0408 531 045 or email, [themitchells01@bigpond.com](mailto:themitchells01@bigpond.com)



**SAMARITAN'S SHOEBOXES 25 October**

Shoebox Sunday is coming up on the last Sunday in October. On that day it is hoped that the shoeboxes will be present in the church to be blessed. Call Jan to discuss or for collection. 98906528 or 0425 757 778.

# COVID-19 VIRTUAL PILGRIMAGE

## to the FIVE CATHEDRALS of the ANGLICAN PROVINCE of VICTORIA

There is still plenty of time to support Father Shane's virtual pilgrimage as he walks daily, recording the kilometres on the map from St Peter's to the Anglican cathedrals in Victoria and back to St Peter's.

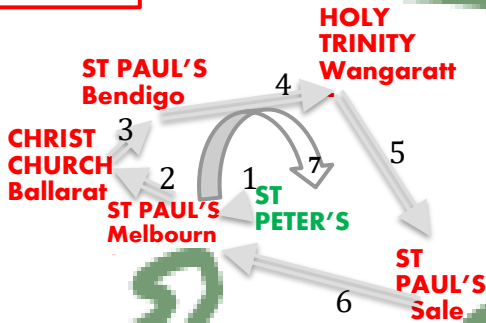
The pilgrimage is also a fundraiser for the Whitehorse Community Centre, which assists the homeless in our local parish. People may like to sponsor him 1 cent a kilometre. Details of where donations can be made and further information can be found by emailing him:

[vicar@anglicansboxhill.org.au](mailto:vicar@anglicansboxhill.org.au)

Ph: 0432 681 177

Find out more on the blog about the pilgrimage weekly at:  
<http://fathershane.org>

Total = 945 km or about 95 days



**Pledges can be made into the following account:**

BSB 033-135, Account Number: 535329

## WHERE IS HE NOW?

This week Fr Shane is on the (virtual) 5<sup>th</sup> leg of the pilgrimage road to St Paul's Sale, having visited Holy Trinity, Wangaratta.

## GIVING ENVELOPES

Anyone who wishes to give their weekly giving envelopes to the church can contact the Vicar arrange for their collection. Fr Shane: 0432 681 177.

## MOTHERS UNION RAFFLE

You can buy tickets in the Mothers' Union raffle for \$2 each.

1<sup>st</sup> Prize colourful crocheted rug

2<sup>nd</sup> Prize a crocheted knee rug

3<sup>rd</sup> Prize black curly wool fringed shaw/stole (made by Jen Walker)

4<sup>th</sup> Prize mauve/plum scarf (made by Jen Walker)



Thanks to all have bought tickets already. Don't forget that all proceeds will go towards the current Australian MU projects.

Donations and raffle money can be transferred via the Parish bank account with the reference MU donation or raffle. Tickets will be done for you or talk to Jan, 98906528.

Thank you. Jan Gunst, MU Leader.

## JOURNEYS AT HOME

Saffron - "It makes the heart glad"

Song of Songs 4

*12 A garden locked is my sister, my bride, a garden locked, a fountain sealed. 13 Your channel is an orchard of pomegranates with all choicest fruits, henna with nard, 14 nard and saffron, calamus and cinnamon, with all trees of frankincense, myrrh and aloes, with all chief spices— 15 a garden fountain, a well of living water, and flowing streams from Lebanon.*

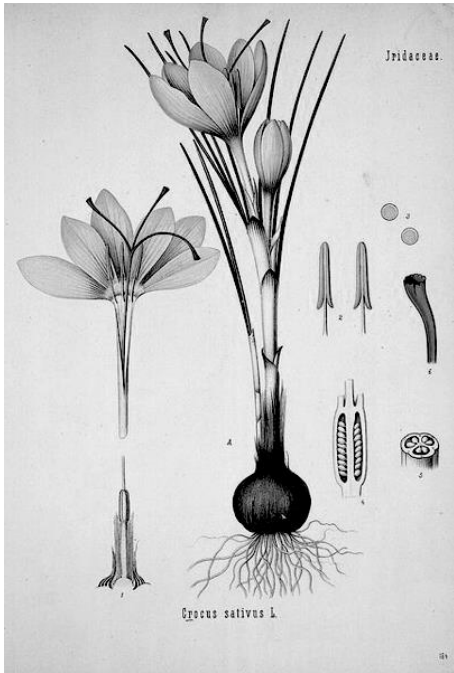
Saffron, often described as "the most expensive spice in the world" or as being "more expensive by weight than gold" has been a part of human culture for at least 3500 years, and its cultivation has now spread world-wide from its origin, possibly in Iran. It is derived from the flowers of a small corm of the Iris family, *Crocus sativus*, now known only in its humanly cultivated form, not in the wild. For a brief period in autumn the flowers emerge low to the ground, growing at most 15cm high. They are six-petalled cups of a mid to deep purple colour. In the centre are 3 stamens and 3 pistils— the reproductive parts of the plant, which, ironically, are now useless for that purpose due to interbreeding. These deep red and yellow threads are gathered by hand, and dried gently at 30-35 degrees for 10-12 hours to produce filaments under 5cm long. It is estimated that around 100,000 plants are required to produce 1kg of the final product.

*I'm just mad about saffron, and saffron's mad about me. I'm just mad about saffron...*

Donovan "Mellow Yellow" 1966

The dried threads have always had multiple uses – as a flavouring, fragrance, colouring agent and medicine. The properties are based on a complex of chemicals which vary in intensity depending on the cultivar and the place of





cultivation, so although saffron is grown in many places some is valued more highly than others. Tasmanian grown saffron is now available, and is quite well regarded, but the best pistils are considered to be those grown in certain parts of Italy and above all La Mancha, in Spain. However, the bulk of the world supply - over 90% - is grown in Iran.

All saffron shares, apart from the colour, a distinctive scent and taste. Words like “hay-like” and “bitter” fail to elucidate the utterly distinctive characteristics of the spice. Oliver Thring made a valiant attempt: “How would you describe the taste of saffron? It's sweet but bitter. It smells of hay, the ocean, diesel, bonfire embers and well-rotted apples. Its aroma is gentle but overpowering, as delicate as a surgeon and as sharp as a slap.” The scent is penetrating, and immediately recognizable; the colour produced by using the spice in

cooking is also highly characteristic. Of course, for such an expensive ingredient, adulteration has always been common. Some writers even suggest the use of turmeric as a substitute although the colour, taste and smell are completely different to that of crocus.

As early as the Bronze Age, harvesting saffron appears in Minoan frescoes of around 1600 BC. This use obviously continued into later Greek culture; accounts from the 8th c recount voyages as far as Cilicia (southern Turkey) to obtain superior saffron. By the 6th c BC the trade was controlled by the Phoenicians. Their sailors travelled as far as Cornwall, where they traded saffron for the wanted tin found there – as a result saffron, which continued to be grown in Cornwall until the 18th c, is used to flavour several types of regional cake and bun. (Recipes supplied on request!). In the opposite direction they were obtaining saffron from Kashmir.

Fittingly, the Persians, inhabiting the area from which the plant likely came, cultivated it extensively from at least 1000 BC, and it continues to be extremely prominent in their cuisine. There is also much documentary evidence of its use on beds and in baths. When Alexander the Great conquered Persia he took to using saffron baths for wounds, and promoted its use among his soldiers, who continued to use it throughout the empire, and back home in Macedonia.

The medicinal use of saffron is widely attested in early writings. Most interestingly, modern investigation has given solid proof of its effectiveness in a variety of illnesses both physical and mental. Notably, it has anti-depressive effects. It is still



taken in both tea and coffee, particularly in Arab countries, for this purpose, “making glad the heart” indeed. The word “saffron”, and the very similar words used in most European languages in fact comes from the Arabic za’faran, literally “golden leaves”. As well as tinting foodstuffs saffron can be used for dyeing textiles, and as a pigment. It was probably the Moors, Arabs from North Africa, who introduced saffron into Spain after their conquest of much of the Iberian Peninsula from 711. From there its cultivation spread to France and Italy.

In Italy the best saffron comes from the areas around l’Aquila in Abruzzo, where it was introduced by a local monk who had been working in Spain

around 1400 and San Gimignano in Tuscany, the hill town which still retains some of its mediaeval towers – which were in fact built from the profits of its saffron, trade in saffron - “the red gold of Tuscany” - peaking around 1300.

It is likely that from Kashmir the cultivation and use of saffron spread to India and China. The Indian flag includes saffron (bhagwa), a colour which is believed to symbolize renunciation, sacrifice and abstinence – associations very different to those for yellow in Western cultures. Both Hindu sanyasis (those pursuing a simple life) and the religious of Theravada Buddhism wear saffron coloured robes.

French production peaked in the 17th and 18th c and saffron is an important component of some classical French dishes – for example bouillabaisse – but then declined sharply, perhaps due to a fungal disease. The early 19th c Dean of Manchester, William Herbert, was also a botanist, and undertook a study of the reasons why production was also declining in England. In his article A History of the Species of Crocus he suggested that crops which were much easier and cheaper to produce such as maize and potatoes had taken over from crocus cultivation.

In America the Schwenkfelders, German Protestants who fled from religious persecution in the 1730’s, introduced crocus growing, and for a time enjoyed widespread trade abroad. Saffron still remains an important flavouring in Pennsylvanian Dutch cuisine.

Isaiah 35.1

*1 The wilderness and the dry land shall be glad, the desert shall rejoice and blossom; like the crocus 2 it shall blossom abundantly, and rejoice with joy and singing.*

# TO MAKE YOU SMILE...

God called down to Moses and said, "I've got good news and bad news. Which do you want first?"

Moses replied, "Most merciful Lord, please give me the good news first."

"Well, Moses, the good news is that I've chosen you to deliver my people from bondage," God answered. "I will force Pharaoh to release my children by causing years of pestilence in Egypt. There will be plagues of locusts and frogs and inconceivable devastation upon the land. Pharaoh's armies will chase you as you try to leave, but do not fear because I will part the waters of the Red Sea to aid in your escape."

"And the bad news, Lord?" Moses inquired.

God answered, "You will have to prepare the environmental impact statement."

Who's the patron saint of email? Answer: St. Francis of a cc.

## BOOKING SEATS

TIPS FOR RESERVING A PEW WHEN SPACE IS LIMITED



BE READY THE MOMENT  
BOOKINGS OPEN



CAST THE NET WIDE



BE PREPARED TO USE  
UNOFFICIAL CHANNELS



DON'T FORGET THE  
HOSPITALITY PACKAGES

## This Week

**SUN 4.10.20** 9.30am Streamed live service  
**Eighteenth Sunday after Pentecost**  
(Go to our website for services and reflections.)

**MON 5.10.20**

**TUES 6.10.20**  
Office closed

**WED 7.10.20**

**THU 8.10.20**  
Office closed

**FRI 9.10.20**

**SAT 10.10..20**  
Food drop off and bread collection  
Between 10 – 11.00am

**SUN 11.10.20**  
**Nineteenth Sunday after Pentecost**  
9.30am Streamed live service

## ST PETER'S

1038 Whitehorse Rd, Box Hill.  
**Parish Office:** 9899 5122

### Email

[anglicans.boxhill@bigpond.com](mailto:anglicans.boxhill@bigpond.com)

### Website

[www.anglicansboxhill.org.au](http://www.anglicansboxhill.org.au)

### Office Hours:

Tues 8.30am – 12.30pm  
Thu 10.00am – 2.00pm

### Wardens:

Margaret Dooley 0438 129 161  
Sophia Errey 9878 6297  
Garry Plumridge 9898 5193



### Vicar

The Reverend Shane Hübner  
T 0432 681 177  
E [vicar@anglicansboxhill.org.au](mailto:vicar@anglicansboxhill.org.au)

### Honorary Clergy

The Rt Rev George Hearn,  
T 9840 7816

### Reverends:

Betty Bracken 9939 5881  
Harry Kerr 9893 4946  
Alasdair MacKinnon-Love  
0438 323 059

E [alsadair@mackinnonlove.com](mailto:alsadair@mackinnonlove.com)

### Sudanese Ministry

Reverend Joseph Arou  
T 0431 541 535

E [lokagai@hotmail.com](mailto:lokagai@hotmail.com)

### Chinese Ministry

The Reverend Esther Zhang  
T 0405 602 439

### Family Minister

Barbara Plumridge  
T 0405 193 122

E [barbara.plumridge@gmail.com](mailto:barbara.plumridge@gmail.com)

*Baptism, marriage & funeral by arrangement. Clergy are available for confession / counselling by appointment.*

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